Thrive Marriage Preparation - A more personalized program focusing on human and spiritual development guided by an online mentor couple. Thrive combines scientific, research-based relationship development with Catholic teaching and theology on marriage and human love.

Catholic Marriage Prep.com – Covers the theological and sacramental aspects of marriage and human love and expands on the life-skills couples will need throughout their marriage. Couples progress through the program with the help of an online mentor couple.

Joy Filled Marriage - Contains two components: a self-paced program featuring videos and couple dialogue, followed by a live, guided discussion on Zoom with other engaged couples and a facilitator. An online workbook is included.

	Thrive	**CMP.com**	**Joy Filled Marriage**
Long-distance Friendly	✓	✓	✓
Available in Spanish		✓	✓
Bilingual Option		✓	
Convalidation Track Available		✓	
Military Couple Guidance		✓	
Mixed Faith Couple Guidance		✓	
Includes additional resources for couples who want more	✓	✓	
Includes Online Mentor Couple	✓	✓	
Includes facilitated live discussion			✓